



*Dedicated to Bringing You the Best Resource Information on Professions, Services and Products in Lancaster County*

### PICK UP YOUR FREE COPY OF THE LANCASTER COUNTY WOMAN NEWSPAPER

Objective and Educational Information on the best Lancaster County Resources, Services and Products at the following locations:

**LG Health** and **UPMC Pinnacle** — every medical office on the health campuses and all medical buildings

Barnes & Noble Bookstore • Walmart • Kmart • SKH • Weis Supermarket • CVS Drug Store • John Herr's Market • Darrenkamps Willow Valley Community • Oregon Dairy & Restaurant • Clean Enterprises • Longenecker's True Value • Smoketown Vet Offices

#### LANCASTER COLUMBIA AVE

West Lancaster Animal Hosp.  
The Family Dentist  
Rita's Italian Ices  
CVS  
Health in Hand Chiropractic  
Artistic & Creative Hair Design  
Expressions Plus  
Rite Aid  
Maple Grove Community Ctr.

#### LANCASTER ELIZABETH AVE

Ideal Printing

#### STONE MILL PLAZA

Sloppy Janes Deli  
Mail Boxes Etc.  
United Cash Advance  
Nail Care  
SM Cleaners  
Bank of Lancaster County  
Beneficial  
The Great Frame Up  
Rhubarb's Market  
Taco Bell

#### ELM AVE

WGAL  
Magic Years  
Family Dentistry  
Figure Firm Spa  
Country Meadows  
Manor Care Health Services

#### COLUMBIA AVE (cont)

Sickman Chiropractic  
Innovations Salon  
Fries Flowers  
Republican Headquarters  
Pamela J's Nail Salon  
Smithgall Pharmacy  
Miller Optical  
OB-GYN of Lancaster  
Kentucky Fried Chicken  
Performance Personnel  
Friendly's

#### WHEATLAND CENTER

Empire Beauty School  
Dollar General  
Hong Kong Garden  
Whallon's  
The Musical Works  
Rainbow Rental

#### GOOD DRIVE

Lancaster Behavioral Service  
Consumers Sterling  
Belco Community CU  
Schreiber Pediatric Rehab Ctr  
Community Way Medical Ctr  
American Cancer Society  
American Heart Assn

#### EMBASSY DRIVE

Intelligent Computer Systems  
Spherion

#### REGENCY EXECUTIVE OFFICES

The Stock Swap  
World Wide Travel  
Royer's Flower Shop

#### REGENCY SQUARE

Peking Buffet  
Bike Line

#### GOOD DRIVE (cont)

Conestoga Oral Maxillofacial Surgery  
Optometric Assoc of Lanc

#### AMBASSADOR DRIVE

Regency Sportsrink  
Consolidated School of Business

#### COLUMBIA AVE (cont)

Fulton Bank  
Jr League Thrift Corner  
Beittel & Becker Pediatrics  
General Internal Medicine  
Nova Care  
Carlos & Charlies  
Trailer Village Grocery & Deli  
Nail Hut

#### INDUSTRY DRIVE

Herley Industries  
Lindenmeyr Munroe  
Paccar Parts

#### COLUMBIA AVE (cont)

Western Corner Shopping Ctr  
Supercuts  
The Wireless Source  
Binning Vision Care  
Venice Pizza & Pasta

#### CENTERVILLE ROAD

Coldwell Banker  
That Fish Place  
Fresco  
Modern Nails  
Cricket's Carefree Travel  
Macheads  
Kango Kopy  
Burger King

#### HEMPLAND ROAD

Westfield Inn  
Nissan Foods  
Godfrey

#### ESTELLE DRIVE

Centerville Family Dental  
Bruce M Silverstein, DO  
AAA  
The Goddard School  
Dembrowski Eye Associates  
David R Cioffi DPM  
Kent R Hirsch DDS  
Kinder Care Learning Ctr

#### CENTERVILLE ROAD (cont)

Wheatland Federal CU  
The Right Angle  
Pounds To Freedom  
Family Dentistry  
Filling's Cleaners  
Wiley's Pharmacy

#### MARIETTA AVENUE

Orthodontics  
Physical Therapy & Rehab  
Oyster Point Family Health Ctr

#### CENTERVILLE SQUARE

Mail Boxes Etc  
Dynasty Buffet  
Martinizing Dry Cleaning  
Holiday Hair Fashions  
CVS  
Friendly's  
Dutch Apple Dinner Theatre

#### COLUMBIA AVE (cont)

Edward's Coffee Shop  
Leisure Lanes  
Interiors 2000

#### WOOD'S EDGE PLAZA

Clean Enterprises  
Ginny's Gift Shop  
Rohrer's Hardware  
Bank of Lancaster County  
Murray Insurance  
The Rohrer Company  
Susan Walker Hair Design  
Sunsations Nail & Tanning  
Harman & Davies PC  
Wendy's  
Denny's  
Farmer's First

#### MILLERSVILLE ROAD

H A Clark, Jr DDS  
SA Creisher DDS PC

#### MANOR RIDGE

Family First Medical Assn

#### GREENFIELD CORPORATE CTR

Holiday Inn  
Bank of Lancaster County  
Travel Time Travel  
Tama Graphics  
High Employee Services  
Hampton Inn  
Bird In Hand Deli & Bakery  
Clean Enterprises  
Mail Boxes Etc  
Sal's Pizzeria  
Roberts Hair Design  
The Olde Greenfield Inn  
Inter-Media Marketing  
Arthur Anderson LLP  
Strategic Resources  
Wheatland Federal CU  
Make A Wish Foundation  
Per-Se Technologies  
Magic Years Learning Ctr  
Greenfield Fitness  
High Industries  
Lanc Gen Occ Medicine

#### GRANITE RUN

Hilton Hotel  
American Medical Labs  
Lanc Gen Medical Groups  
Lanc Orthopedic Ctr  
Lanc Orth Ctr MRI Testing

#### Gold's Gym

Lancaster Ice Rink  
All-Size Box & Packaging  
Manheim Twnshp Library  
Learning Ladder  
Horst Group  
Health Guard  
The Arro Group  
AT&T  
PCS 1  
Lapps Deli & Bakery  
Fairfield Inn

#### HAWTHORNE CENTER

Gateway Country  
Panero Bread  
Chuck E Cheese's  
Pet Valu  
Holiday Hair  
Young's Medical Equip  
Lancaster Mattress  
TempStar Staffing  
Central Penn Nursing Care  
Bank of Lancaster County

#### ROSEVILLE ROAD

Lanco Fed Credit Union  
Wersi Music Ctr  
Education Station  
Washington Mutual Finance  
Spherion

#### FRUITVILLE PIKE

Fulton Bank  
Ming Court Buffet  
LA Nails  
Payless Shoe Source  
Alter Image Salon  
Arthur Murray Dance Studio  
AAA Vacuum Sewing Ctr

#### FOXSHIRE PLAZA

Citi Financial  
Book Rack  
Mail Boxes Etc  
VIP Nails  
Wells Fargo Financial  
Fastsigns  
Pro Golf Discount  
Super Cuts  
Home Fitness Equip  
Sleep Ctr  
HFC  
Sovereign Bank  
Fred J Levin  
Lancaster Periodontal Assn  
Remax Asso of Lancaster

#### MANHEIM PIKE

Tuffy  
Essis & Sons  
Swartz Kitchens  
Suk Shuglie Gallery  
Henry Mearig  
Yale Electric  
Meineke Mufflers  
Burnham-American Boiler Co  
Sherwin Williams  
Carpet Mart  
Four Seasons Furniture

#### YESCO

Wee Bee Audio  
GMC Used Cars  
Mr. Goodwrench  
Honda  
Volkswagon-Audi  
Cloister Car Wash  
Signs By Tomorrow  
Colorite  
Two Cousins Pizza  
Family Care Restaurant  
Gochnauer Parts  
Manheim Pike Veterinary Hosp.  
Lancaster County Motors  
Chapman Ford  
S Clyde Weaver  
P Blanch, DDS  
Eye Care Doctor  
August & Bischoff Jewelry

#### THE VILLAGE COMMONS

Farmers First Bank  
Diane's Design  
Hats Off Salon  
Allstate  
Binderup's Bake Shop  
Mortgage Center & Loan  
Pet Grooming Boutique  
Senior Benefits Group  
Rose's Pasta  
Bella Nail & Skin Care  
The Garden Gate

#### GRANITE RUN SQUARE

Lapp's Restaurant  
Allfirst Bank  
Fillings Cleaners  
Menchey's Music  
Omega  
Wicker Imports  
Subway  
Classic Cut & Style  
Wizard Lock

#### CHELSEA SQUARE

Fulton Bank  
The Lighting Gallery  
Domino's  
Talbots  
China King  
Philly Hoagies  
Kids Cutters  
Beau Visages  
Hallmark  
Mulberry Bush  
Rite Aid  
Hair Bizness  
Lanc Co Upholstery  
Family Chiropractic Ctr

#### EAST PETERSBURG

Fulton Bank  
Nissan  
The Used Car Place  
Mazda  
Toyota  
Studio 72 Hair Design  
Norton's Comfort Shoes

#### OREGON PIKE

A C Moore  
Pella Windows  
Studio One Salon  
Yorgey's Cleaners  
Trout, Ebersole & Groff  
Allfirst Bank  
Bank of Lancaster County

#### NORTH POINTE

Kingsway Realty  
Partners in Healing  
Hastings Equipment  
Magic Years  
Samaritan Counseling Center  
Simon & Lever  
The Heart Group  
First Union Bank  
Professional Plaza North  
Pro Shop

#### THE VILLAGE SQUARE

Fulton Bank  
Knit Needlecrafts  
Secret Beauty  
The Hair Company  
Old Hickory Pharmacy  
Ice Crème Shop  
Stitches Unlimited  
Highland Pizza  
Therapeutic Massage  
Toy Academy  
Mind, Body, Health Consultants  
The Party Shop  
Stauffer's of Kissel Hill  
Brothers Pizza  
Bard CCAB  
Forney Insurance  
Roseville Tavern  
Universal Fitness  
Loffler, Pitt Dental Assoc  
Dental Loving Care  
Outback Steakhouse  
Oregon Pike Motors  
Star Chevrolet  
Lombardo's Insurance  
Triangle Refrigeration  
Maple Farms Nursing Home

#### AKRON

Akron Shop Rite  
Akron Insurance Agency  
OBGYN Assocs  
Royer Pharmacy

#### SHAUM'S CORNER

Two Cousins Pizza  
Brownstown Medical Ctr  
Hershey & Detweiler Accountants  
Hollingers  
Community Way Medical Ctr  
D & E Communications  
Bed & Furniture Warehouse  
Martin's Appliance & Water  
Conditioning  
Jeffrey Scott DDS

Over 1,500 distribution points in Lancaster countywide.

This is a partial listing. For specific areas or locations please contact our office at: (717) 299-5766.